



The Scottish Cancer Foundation is **the only charity in Scotland dedicated to cancer prevention research**, collaboration and dissemination. This will be our 23rd year of working tirelessly to reduce the burden of cancer in Scotland by focusing on prevention.

We host an annual lecture at the **Scottish Cancer Conference**. This year, it was delivered by Dr Katie Robb, winner of the 2017 SCF Prize and Evans Forrest Medal. Dr Robb is a Reader in Mental Health and Wellbeing at the University of Glasgow, her research focuses on behavioural cancer research and screening.

We **support workshops** designed to bring together Scottish cancer researchers to develop large scale collaborative research programmes.

We hold a **Royal Society of Edinburgh lecture** which is focused on engaging with the general public and increasing awareness of cancer prevention

guidelines. This year's lecture was delivered by Professor Freddie Hamdy, "**Prostate Cancer- a disease of our time**" and kindly supported by the Cruden Foundation.

Owing to donations from two generous benefactors, the Scottish Cancer Foundation is now in a position to award one or more **doctoral fellowships** in the area of cancer prevention. After a call for proposals, we have received a number of high-quality applications from some of Scotland's leading universities. These will be processed by sending them out to external referees whose reports will assist the Foundation in making funding decisions, and it is hoped that we will be able to make an announcement towards the end of January 2020.



This year's winner of the **Scottish Cancer Foundation Prize and Evans Forrest Medal** is **Dr. Christine Campbell** from **The University of Edinburgh**.

Dr Campbell stood out to the Board of Directors due to her contribution to cancer screening, leading a series of research studies which have improved the understanding and effectiveness of screening programmes both in the UK and overseas. In addition, Dr Campbell's work has sought to understand the factors that can improve participation in screening and help to identify the disease at its earliest, treatable stage. Dr Campbell said: "I'm honoured to receive this year's Scottish Cancer Foundation prize, and I thank my research colleagues and students past and present whose work contributed to this award. Understanding and addressing the concerns and fears of those invited to take part in cancer screening can help to reduce deaths from bowel and cervical cancers in Scotland. The prize money will be used to further support the role of primary care nurses in their vital work."

# Improving Our Understanding Promoting Prevention Fostering Collaborative Research



**Congratulations to Elma Nicoll who jumped out of a plane thousands of feet over Perthshire raising £2695 to support the Scottish Cancer Foundation.**

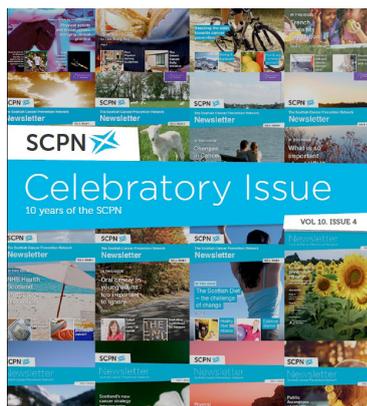
## Celebrate Success!

Further to Sheila Duffy, Chief Executive of ASH Scotland being awarded the **Scottish Cancer Foundation prize and Evans Forrest medal** in 2016, they have been using the money on research to improve the help that can be given to people living in challenging circumstances. They set out to learn from people living in low-income communities in Scotland who had quit smoking unassisted, and to celebrate and share this significant achievement. The insights from this work are contributing to the ongoing development of ASH Scotland's work to address inequalities.

## Scottish Cancer Prevention Network

The SCPN team have been working extremely hard this year, and we are very pleased to say that **our network is growing month upon month**. We are currently in our tenth year of disseminating the most up to date research and practice and have just produced a celebratory issue highlighting our work in this time. Access here: [thescpn.org](http://thescpn.org)

This year, the SCPN **won the Stephen Fry award** for Excellence in Public Engagement with Research. The network used the prize money to extend its public engagement work. We announced Kinga Elliott as this year's winner of the **SCPN Art and Design Prize**. Kinga's 'Cartwheel' oil painting aims to encourage the rediscovery of the child within us who loves moving, by conveying the joy that stems from being physically active. Great work, Kinga! Here's to another great year ahead in 2020!



 @ScotCancerFn



How You Can Help

We depend on donations from individuals, organisations and communities across Scotland in order to continue to stack the odds against cancer. Your financial contribution, however small or large, will make a difference.

**Donate now:** [givey.com/scottishcancerfoundation](http://givey.com/scottishcancerfoundation)

### We need:

**£20** to pay for a pedometer to promote physical activity in everyday life.

**£55** per day to fund a PhD studentship.

**£70** to subsidise a patient to attend the SCPN conference.

**£350** per week to pay our small but efficient staff team.

**£500** to fund a public engagement event in a local community.

**£1,500** to host the place of a ground-breaking cancer researcher at one of our research workshops.